

Vocal lessons with Heather Mair Thomas LTCL,FTCL (Trinity).



FAQ

"Heather is like a 'Vocal Personal Trainer' - she helps you get the best from your voice and enjoy the process."

What experience & training do you have?

I have sung all my life and have been a professional performer since 1981. I am also a voiceover artist and session singer. I have been teaching singing for over 30 years, as well as working as a voice coach and vocal arranger for bands, producers and choirs.

I am a Fellow and licentiate of Trinity College of Music. I trained at conservatoires as a professional soprano full-time for 5 years. Trinity College of Music with John Wakefield, and the Guildhall School of Music and Drama with Margaret Lensky and Nicole Tibbles. I also learned from Marion Montgomery, Dame Cleo Laine, Mary Hammond and Mary King.

A qualified Life Coach and trained hypnotherapist, I use nurturing techniques to explore your vocal journey and tailor training to suit your individual needs, challenging any existing fears and limiting beliefs in order to achieve happiness and success with your singing, whatever your vocal history so far.

I love teaching adults of all stages and standards - including beginners who always wanted to sing but were blocked for some reason. I enjoy the process of empowerment that is experienced by people finding their voices maybe for the first time. I will believe in your ability, even if you don't!

All voices are unique, and people experience their own voices in their own way. I work with you at your own pace to develop clear access to your voice. Singers and non-singers of all standards can achieve great improvement,

As seen in...

My work is featured in The Times as I worked with Rosie Millard and Pip Clothier to discover their voices, which was a rewarding and enjoyable journey for us all.

I feature in BBC Radio 4's documentary with terrified non-singer, the writer and broadcaster Sathnam Sanghera as he explored his voice in in "Am I Tone Deaf?" [link](#)

What method do you teach?

Whatever works best for you! Everyone responds to different approaches and learning styles. I have trained and performed extensively in many vocal genres but I don't believe in a rigid adhesion to a "one size fits all" method. Every voice is unique and we all have our own, personal relationship with our voice. This is an important element of our work together.

I believe that strong, reliable vocal technique is fundamental to having your voice at your disposal in good condition, allowing you to approach any style you choose from a position of safety. I tailor the technique to the individual to achieve this,

I encourage vocal freedom & health through controlled relaxation and support. I have worked as a teacher and performer in most styles of music. so I like to encourage pupils to try a bit of everything in terms of genre. I believe singing should be fun and I'm told my lessons reflect this!

My personal foundation is based on the *Bel Canto* method I trained in, adapted to incorporate modern vocal pedagogy, to suit contemporary styles and sounds. I work intuitively with my students and offer them a toolbox of techniques to create safe and secure voices and positive experiences of singing.

I am fully experienced in a wide variety of repertoire and styles including pop, folk, rock, jazz, classical, opera and musical theatre.

Who do you teach?

I teach adults of all ages and stages. Complete, (nervous!) beginners, choir members, household names.

I love to teach people who have no desire to be in the public eye and whose singing brings them joy and fulfilment. Many of them had never sung before and were anxious to even show up for their first class. It's natural to feel nervous at the beginning - but I promise I'm very welcoming and non-judgy!

Singing can be a highly emotional experience for a lot of people. I have boundless admiration for those who allow me to guide them on their journey.

I taught David Tennant in preparation for the vocal demands of his widely-acclaimed performance as *Hamlet* for the RSC, Justin Lee Collins for his debut in Chicago in the West End (Sky TV). I worked with Andy Bell from Erasure before his TV appearance on and Matt Willis for his West End musical debut.

My current students come from a variety of backgrounds, from the theatre, film and TV to amateurs, beginners, emerging artists, partners, teams and retired people. They sing various genres, from musicals, soul, jazz & pop to opera, oratorio and folk.

What happens in your lessons?

Lessons are all about you! The sessions are relaxed, with the emphasis on singing as being fun and creative. It's important to discover what is helpful and enjoyable for you, so your voice feels free and authentic.

Our work begins with exploring your relationship with your voice.

Lessons begin with breathing and relaxation. We work through exercises and images to place and extend the voice. These help isolate the component elements of the vocal process, and help identify useful and reliable technique, leading to confidence and transformation.

This is followed by work on specific songs & repertoire to give the technique a context.

Choice of repertoire is flexible. I suggest songs & styles as I see fit. I also cover projection, performance and microphone technique if appropriate. I will encourage you to explore all vocal styles, and develop your voice as a complete, expressive instrument.

When are your lessons? I teach daytimes each Monday, Tuesday and Thursday. Monday/Tuesday evening and alternate Saturdays. (*There are currently very limited Saturday or evening spaces.*)

Lesson duration The lessons last one hour including changeovers. Ideally this means we "wind down" reflect, organise homework & diaries in the final few minutes,

Where do you teach? **IN PERSON** - NORTH LONDON **REMOTE** - ZOOM

Attendance: Usual bookings are weekly or fortnightly. More frequent lessons are possible by arrangement. *Ad hoc* lessons are available for audition and event preparation. (See cancellation policy below)

Shared Lessons/band tuition: Students sharing lessons will pay the standard rate plus £25 for each additional student.

Under 18's: I do not teach under 18's, unless the student is truly self-motivated.

Booking: I will always try my best to ensure your preferred time is available for you, however, due to the high demand for certain slots I cannot guarantee your preferred time being available unless it is booked in advance. Once you have booked the lesson the time is reserved for you.

Booking Information

“Relaxed, light-hearted and informal singing lessons, developing a reliable, core technique”.

Thanks for enquiring about lessons with me!

Here is further information about payment arrangements, fees and my cancellation policy.

I look forward to working together.

Lesson fees and bundles

2026	Weekday 10am-4pm	4 lessons	10 lessons	Saturday day and Mon-Fri Evening (no block discount)
FEES	£85 hour	£320	£770	£90 hour

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Under 18's I do not often teach under 18's, unless the student is truly self-motivated.

Prepayment is valid for 6 months (single) 12 months (block) and is not refundable or transferable.



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